



**Ryder Cup Junior Academy  
Program Overview and Fact Sheet  
July 1-8, 2012**

In response to recommendations from past United States Ryder Cup Team Captains, The PGA of America created the Ryder Cup Junior Academy. This initiative is designed to expand the outreach of the Ryder Cup and provide a select group of aspiring young players. The Academy is a unique, once-in-a-lifetime experience. It celebrates the passion of the Ryder Cup, while inspiring participants to achieve greatness and to improve their lives through the game of golf. The primary emphasis of this program will focus on playing and competing in both stroke- and match-play formats.

The Ryder Cup Junior Academy is a seven-day program conducted at the PGA Center for Golf Learning and Performance in Port St. Lucie, Fla. with an emphasis on shot making, scoring, swing mechanics, competitive course management, technology, equipment, fitness and physical assessments. A good deal of the program is based on the Ryder Cup and learning from its rich history.

**Ryder Cup Captains, PGA Professional Instruction, Coaching and Mentoring**

Attendees will have a once-in-a-lifetime treat as a Past Ryder Cup Captain will have an active role with this Academy, working with all of the juniors to provide mentoring and coaching support. Considering there have been only 27 PGA Professionals invited to serve as Ryder Cup Captains, they offer an incredibly unique perspective and a wealth of knowledge to guide you to maximize your potential.

The Ryder Cup Junior Academy will also be led by the PGA Professional staff from the world renowned PGA Center for Golf Learning and Performance. In addition, there will be a team of award-winning PGA Professionals from across the country to help deliver golf instruction and performance training to take their golf game to the next level.

**Selection of Junior Golfer Participants**

This initiative was designed to provide aspiring young players the opportunity to experience an elite player-development academy, targeting those who may not have the resources or means to attend. The 41 Sections of The PGA of America are called on to select one girl and one boy to participate in the Ryder Cup Junior Golf Academy. The selection criteria is based on academics, high desire to excel in competitive golf and character. To help maximize ethnic diversity, "At Large" invitations will be awarded to junior golfer participants in programs such as: The First Tee, NB3, Lorena Ochoa Golf Foundation, and Boys & Girls Club of America.



## **Ryder Cup Junior Academy Learning and Performance Curriculum:**

### **Ryder Cup Captain Strategic Coaching**

- Ryder Cup Captain's strategic approach to stroke play, match play and practice rounds
- On-course mentoring during practice rounds
- Shot shaping and short game specialty shots
- Rules, history and lessons learned from the Ryder Cup

### **PGA Golf Performance Training and Analysis**

- The Five Step Training Program
- Physical evaluation
- SAM Putt Lab
- TrackMan
- PAR / LinxTracker

### **PGA Professional Coaching and Instruction**

- Instruction based on the PGA of America's TEMPO (Technical, Equipment, Mental, Physical and On-Course elements)
- Fitness and Nutrition Sessions
- PGA of America Team Match Play Rules Briefing

### **Competition**

- 18-Hole Stroke Play Championship
- Two rounds of Team Match Play (Singles and Four-ball)
- Skills Challenges

While attending The Ryder Cup Junior Academy the participants will be exposed to the rich history and tradition of the Ryder Cup and The PGA of America at our PGA of America Museum of Golf. In addition, many programs will be hosted at the PGA Education Center where participants will receive exposure to careers in golf and opportunities to become a PGA Member.



## **Ryder Cup Junior Academy Facilities at PGA Village**

The Ryder Cup Golf Academy will be hosted at the following PGA Village properties in Port St. Lucie, Florida:

### **PGA Center for Golf Learning and Performance:**

A 35-acre practice park is a one-of-a-kind facility that enables golfers to focus on each aspect of your game: Technology, Equipment, Mental, Physical Fitness and On-Course play. The facility includes:

- More than 100 full-swing practice stations
- 9 bunkers that simulate play from around the world
- Pitching and chipping practice areas
- 7,000-square-foot USGA putting greens
- 3-hole teaching course
- Scientific golf fitness evaluation for maximum performance
- World-class technology for swing analysis, club fitting and game improvement: TrackMan Shot Performance, LinxTracker / PGA PAR System

### **PGA Golf Club:**

Owned and operated by The PGA of America, PGA Golf Club is ranked among the "75 Best Golf Resorts" by *Golf Digest*, PGA Village in Port St. Lucie, Fla.

- 54 holes of Championship Golf by Tom Fazio and Pete Dye
- PGA Short Course offers six holes 35-to-60 yards in length for your enjoyment

### **Wanamaker Course**

Designed by Tom Fazio, the first golf course is named in honor of Rodman Wanamaker, who in 1916 inspired the birth of The PGA of America. A classic Florida layout, Fazio's Wanamaker Course is set against a backdrop of wetlands, palm trees and palmettos, and is considered one of Florida's most beautiful courses.

### **Ryder Course**

Designed by Tom Fazio, the Ryder Course is named in honor of Samuel Ryder, the namesake and founder of the Ryder Cup, the pre-eminent event in golf. With its rolling hills, majestic pine trees and challenging water hazards, the Ryder Course has a distinctive Carolina feel. With various hole locations, you could play this course every day and discover a different layout.



### **Dye Course**

Designed by Pete Dye, emphasizing the native surroundings and Dye's uninhibited style for creative design, the Dye Course features pine straw roughs, vast coquina waste bunkers and grass-based bunkers. A links-style course that weaves by the 100-acre "Big Mamu" Wetlands, the Dye Course offers pure Florida surroundings, with hints of design from the older British Isles' courses for flavor.

### **PGA Museum of Golf:**

The founders, traditions, Championships and award winners of The PGA are presented as never before throughout this 8,300-square-foot golf museum, where you can marvel at the legendary stories, artifacts and memorabilia from the PGA Championship, Senior PGA Championship and PGA Grand Slam of Golf.

Take a stroll down golf's great history lane and witness:

- The four major Championship trophies of golf on display
- Donald Ross' workbench, circa 1900
- Five-time PGA Champion Walter Hagen's hickory-shaft driver
- The oldest-known written mention of golf from the 16th Century
- The PGA Golf Professional Hall of Fame

The PGA Museum of Golf is a dynamic resource center for golf historians as well as beginners and also serves as a highly functional conference facility. The PGA Museum of Golf is the home of the Probst Library, which contains more than 6,000 hard-cover books, and more than 3,000 handbooks and yearbooks.

### **PGA Education Center**

PGA Education Center serves as the education headquarters for the 27,000 PGA Members and apprentices across the country. This 23,650-square-foot facility, with more than 11,000 square feet of classroom space, hosts numerous PGA Education and Membership programs year round.



## **About the PGA Golf Performance Training and Analysis**

### **The Five-Step Training Program:**

The Five-Step Corrective Training Program is an organized systematic method of measuring an individual's current overall golf performance. The components of your golf training program will be comprised of five different categories: Technical, Equipment, Mental, Physical, and On Course Application. Each player will go through five different tests that would generate a total score or rating. The results will then be analyzed by the PGA Professional instructors as well as the PGA Director of Fitness to determine a training program that will improve your golf and physical skills.

### **Physical evaluation:**

The physical evaluation is a look into the most important piece of equipment involved in the golf swing—the body. The evaluation determines strengths and weakness of your physical movement patterns and how these deficiencies will affect your golf swing. In most tests there is a direct correlation between movement patterns of the body and the golf swing faults.

### **SAM Putt Lab:**

SAM Putt Lab is an analysis and training system based on accurate ultrasound measurements. It analyzes the 28 most important parameters of a putting stroke and displays the results in easy to understand graphic reports. Within seconds, the system gives you individual feedback on your putting strokes. The analysis reveals even the smallest details of your movements and allows you to develop improvements and training strategies.

### **TrackMan:**

Trackman is a radar unit that measures both club delivery and the full trajectory of any golf shot, up to 400 yards. TrackMan Pro is a staple on the professional tours, with leading club fitters, manufacturers, retailers, universities and instructors. The PGA, R&A and USGA all choose TrackMan for their swing and ball flight analysis, as does broadcast TV to improve coverage. TrackMan Pro is the first of its kind to map the entire flight of the golf ball from impact to landing, displaying 3-D trajectory in real time. At the same time, the solution provides a complete statistical analysis of the club delivery, launch and ball flight, presented to you in an easy to understand, ready to print, save or email report.

### **PAR / LinxTracker:**

LinxTracker is a golf performance assessment that tests a golfer on a variety of golf skills and assigns each golfer a Performance Analysis Record (PAR) based on their score for each skill assessment to help identify each player's strengths and weaknesses.